



Deshbandhu College
(University of Delhi)



Pettigrew College
(Manipur University)

Under the aegis of Vidya Vistar Scheme are organizing

3-Days Certificate Workshop on Yogasna & Pranayama



Dr Neelam Vats
Yoga & Naturopathy
Traner/Examiner
Ministry of Ayush

Program Schedule
22-24th December 2021
8:30-9:30 AM Practical
9:30-10:30 AM Theory

Platform- ZOOM

Registration Link:



<https://forms.gle/fJvxtzuU27TCwP866>



Dr Anjum Padyal
Associate Professor
Department of Physical
Education & Sports Sciences,
Deshbandhu College

Prof Rajiv Aggarwal
Principal,
Deshbandhu College

Mr K A S Soreishang
Principal,
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Dr Aditya Saxena
Coordinator, IQAC
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**Dr Moses Rinchui N &
Dr Parul Singh**
Conveners, V2Scheme, DBC

**Mr M Kaphungsing &
Dr Gaikhuanlung Ngaomei**
Conveners, V2Scheme, PC

Dr Rajender Lal, Workshop Convener, Department of Physical Education & Sports Sciences, Deshbandhu College

For further queries contact: +91 94181 43800 OR mail us at phyedudept@db.du.ac.in

Live YouTube Link: <https://www.youtube.com/c/DeshbandhuCollegeChannel>